

Sts. Peter & Paul Church Council News

Spring 2023

M.A. Mogilev, Publisher
Lisa Joanna Smith, Editor
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850 St. Olga Ct.
Santa Rosa, CA 95407
mishamish@email.com
(707) 584-4092



Priest's Corner

By the time this newsletter comes out, we will be well into our journey of Great and Holy Lent. Of all the fasts during the year, Great Lent, of course, is the most important. Regardless of how well or poorly one fasts in a physical sense, it must never be forgotten that the primary reason for the fast is to properly reset our priorities, specifically, to put our physical needs “on the back burner” while moving our spiritual needs to the forefront, where they truly belong. Recognizing this, fasting is a *spiritual* discipline, not a method to lose weight or a way to obtain any other earthly benefit.

It is important to note here that, while abstaining from food, entertainment, and trivial pursuits are all important aspects of Lent, we must also take advantage of the exceptional and most prayerful church services conducted only during this time of the year. The Canon of Repentance of St. Andrew of Crete, read during the first and again on the fifth week of Lent, encourages deep introspection about our spiritual condition. The Presanctified Liturgies, also conducted only during Great Lent, are most prayerful and spiritually fulfilling. This year, we will be conducting this Liturgy the evening of March 22, giving those who work during the day an opportunity to participate in one of these very special services. We take time to honor the Mother of God with the Akathist to her, read at the end of the fifth week, and we conduct the *Parastas*, or Great Panihida, several times during this season, to remember our reposed and to remind ourselves that one day, our names will be

among those commemorated on these special days. Additionally, all Saturday liturgies will be conducted in English, which gives our non-Russian-speaking parishioners a good opportunity to better understand the Divine Liturgy, which, by the way, will be the primary topic of our spiritual discussions every Sunday during Great Lent this year. We are also grateful to **Bishop Theodosy, who will bring to our church the Grace of the General Unction Service, scheduled for March 27 this year, giving us all the opportunity to participate in the Grace of the Seventh Sacrament.** How many wonderful and unique opportunities we have for true meditation, prayer, and repentance during this most holy time of the year!

God bless, Father Alexander

“Thy Grace has shone forth, O Lord, it has shone forth and given light unto our souls. Behold, now is the acceptable time, the season of repentance is here. Let us cast aside the works of darkness and put on the armor of light, that having sailed across the great sea of the Fast, we may reach the third-day resurrection of Jesus Christ our Lord, the Savior of our souls.”

—Aposticha, Forgiveness Vespers

Congratulations to the parents, godparents, and relatives of:

❖ **Magdalena Merriss**, who was baptized in our church on February 18, 2023.

And to all our Name's day celebrants:*

February 1 – Evfrosia (Susan) Bodulow
February 3 – Anthony Peneherra

February 6 – Xenia Poluektov

February 7 – Gregory Stez

February 9 – Ivan Stez

February 10 – Ephraim White

February 16 – Metropolitan Nicholas, Anna

Krassovsky, Anna Litvinenko, and Simeon Collins



Service of Holy Unction, served at Sts. Peter & Paul Church, 2022, with Archbishop Kyrill and priests.

Name's Days, continued

- February 23 – Valentina Bertram
- February 25 – Alexei Krassovsky and Alexei Spring
- February 27 – Archbishop Kyrill
- March 4 – Theodora Dokos and Bozhidar Dokos
- March 13 – Kira Chistiakoff, Kira McPhee, and Kira Poluektov
- March 17 – Daniel Judd
- March 23 – Galina Chernyavsky and Kalissa Chistiakoff
- March 30 – Reader Alexei Khlopoff

May God grant them all Many Years!

**We ask that you please notify us if we have missed anyone's name's day in our lists. Thank you!*

In Memoriam

With a degree of sadness but, as always, with faith in our resurrected Lord Jesus Christ, we note the passing of:
 † **Sinaida “Zina” Markoff Evaschuk**, one of the last surviving founders of our parish, who died peacefully on January 28, 2023—only three months before her 100th birthday. May God grant rest to the soul of His most dedicated and newly departed servant **Sinaida**, and I ask that you remember her in your prayers both in the church, which she was instrumental in founding, and at home. Our condolences go out to all of the family of our dear parishioner and friend.



Sorrowful Update on the Monastery of the Kiev Caves Lavra

We had recently heard of the plight of the monastic brethren of the Kiev Caves Lavra and had already begun to collect and send donations through FAROCOR (the benevolent fundraising arm of the Russian Orthodox Church Outside of Russia) in order to help feed them. Unfortunately, the Ukrainian government's persecution of the canonical Ukrainian Orthodox Church under His Beatitude Metropolitan Onuphry of Kiev and All Ukraine has reached a new and more perilous level. The following is an excerpt from the announcement made in the “Orthodox Christian” online publication (the full article can be accessed at <https://orthochristian.com/151405.html>):

“According to a letter from the Ukrainian Ministry of Culture and the Kiev Caves Lavra National Reserve, the UOC has until March 29 to entirely leave the premises of the Holy Dormition–Kiev Caves Lavra—the holiest site in all of Ukraine, where the UOC has prayed and ascetically struggled for 1,000 years. The Ukrainian government inherited ownership

of the Kiev Caves Lavra from the Soviet Union, and the “National Reserve,” as the state calls it, is divided into the Upper and Lower Lavra. The Church was already kicked out of the Upper Lavra, which includes the Holy Dormition Cathedral and the Sts. Anthony and Theodosius Trapeza Church, at the end of last year. The (canonical Ukrainian —*ed.*) Orthodox Church held its last service in the Upper Lavra on New Year's Eve. Despite the persecution, the faithful people of Kiev maintained their faith, joyfully singing “Christ is Risen!” at the last service.

The brotherhood has pled with the state to stop the persecution of the monastery and the UOC, but to no avail.



Metropolitan Onuphry of the Ukrainian Orthodox Church, with brother clergy, at the Kiev Caves Lavra.

Since expelling Orthodoxy from the Upper Lavra, the state has allowed the schismatics of the “Orthodox Church of Ukraine,” a creation of the Patriarchate of Constantinople together with the Ukrainian and U.S. governments, to serve in the churches of the Upper Lavra several times—which the canonical Church characterizes as a national disgrace. The churches have also been used for concerts, including songs about killing Russians, and art shows.

And now, the Church has been informed that it has until March 29 to leave the Lavra altogether. The Lower Lavra, which the UOC still had access to, is home to the actual caves, the monks' cells, and the Kiev Theological Seminary and Academy.”

Shortly after this announcement, an online plea was posted by Metropolitan Pavel, abbot of the Lavra, together with all of the brotherhood, asking for a cessation of this persecution while, at the same time, vowing to stay in their monastery—regardless of the consequences to themselves for doing so. “We are not afraid” the monks said, and we stand with them, prayerfully asking for God's help in protecting our monastic brethren together with His Beatitude, Metropolitan Onuphry, the clergy, and faithful of the canonical Ukrainian Orthodox Church.

Sinaida Constantinovna Markoff Evaschuk

Sinaida (Zina) Constantinovna passed away peacefully in the late afternoon of January 28, 2023, at almost 100 years of age. She was one of the last surviving founders of Sts. Peter and Paul Russian Orthodox Church. From the very beginning, she played an active role in fundraising with the Sisterhood, later becoming Treasurer, and then a permanent member of the Parish Council and Parish Treasurer. Her faith was unshakable and her dedication to our parish inspirational. Father Alexander considered Sinaida Constantinovna to be a mentor in his dealings with the early parish councils and trusted her implicitly. There was not a single duty that she would not undertake: from being a corporate officer to washing the dishes in the kitchen or scraping wax off the floor of the church after every service. Her dedication inspired others to follow in her footsteps. At the age of 90, she finally retired and was granted a Blessed Decree (*Gramota*) from Archbishop Kyrill acknowledging her many years of service to the Holy Church. Always behind the candle counter or taking her place at the back of the church, she would greet everyone with a smile and a kind word. She has been, and will be, sorely missed!

She was born in Ukraine on April 5, 1923. After World War II, she married Serge Markoff in Munich, Germany, and shortly after that they emigrated to the United States and lived in San Francisco until he passed away. Zina and Serge had five children: Vladimir, Maria, Konstantin, Alexander, and Luba (Gary). Zina was a loving mother, grandmother to 14



Zina Evaschuk, in blue, surrounded by friends and family, at her 90th birthday celebration, May 26, 2013, at Sts. Peter & Paul. Courtesy of Tasia Markoff Photography.

grandchildren, and great-grandmother to 22 great-grandchildren. Zina remarried Nick Evaschuk and became stepmother to Victor (Karin) and Serge (Suzanne).

Zina had a great love of mathematics, and after her youngest went to school, she trained to become a

computer programmer. She worked on early programs to translate Russian into English. She knew several languages fluently, including Ukrainian, Russian, German, and English. Besides her family, Zina's greatest love was the Church body to which she belonged. She was the Starosta at St. Sergius of Radonezh Church in San Francisco for many years, and after moving to Sonoma County, took an active role at Sts. Peter & Paul Church in Santa Rosa. After her retirement, she dedicated much of her life to the Santa Rosa church: making pelmeniy for the Sisterhood and serving as Treasurer. Zina was a strong woman yet incredibly kind and thoughtful. Her family will miss her and continue to treasure memories of her. May God rest her soul in the heavenly mansions, where all the saints dwell.

Memory eternal!

The Importance of Fasting

From Old Testament times, the people of God prepared for holy occasions with fasting and prayer, and the New Testament continued this holy tradition. The Lord Himself fasted for forty days before beginning His earthly ministry, demonstrating the importance of fasting before starting any spiritual task. Christ even went so far as saying, "When you fast" (Matt. 6:16), rather than *If* you fast. Our Lord told his disciples that "when the bridegroom shall be taken from them, then they shall fast." If we are to overcome evil, the Lord Jesus Christ said we must pray and fast, for the devil and his foul spirits come out not but by prayer and fasting. Since prayer and fasting are seen as two weapons for us to do battle with, how foolish we would be to use only one weapon, for what soldier would enter a battlefield with only one weapon at his disposal?

The scriptures document throughout, the importance of fasting for the health of the soul, and the Church has established fasting periods that actually total up to about half of the year, averaging about 180 days when added all together. Each section of the Church calendar has particular periods of fasting, with the winter fast before Christmas; the spring fast of Great Lent; the summer Apostles fast; and the fall Dormition fast. Throughout the rest of the year, we Orthodox Christians observe two days of fasting per week, with Wednesdays and Fridays given over as fast days. We even see the Church assigning special fast days that are connected with individual feasts, such as the Eve of Theophany, the Beheading of Saint John the Forerunner, and the Elevation of the Holy Cross.

Modern science has come to see that the spiritual discipline of the Church's fasting rules promotes good health, by avoiding meat and dairy products two days per week, and helps keep animal fats and related cholesterol problems under control. Our contemporary

medicine has discovered nothing new, for the Church has known the value of fasting for thousands of years. And this fasting, when wholly embraced, helps us empty ourselves while making way for the Grace that is abundant during the fast periods, to bring about transformation of the soul.

*With love in Christ, Abbot Tryphon
All-Merciful Saviour Monastery
Vashon Island, Washington*

Lenten Prayer of St. Ephraim the Syrian

*O Lord and Master of my life,
the spirit of idleness, despondency, ambition,
and idle talk grant me not. But rather the spirit
of chastity, humble-mindedness, patience, and
love bestow on me, Thy servant. Yea, O Lord
and King, grant me to see mine own faults and
not to condemn my brother. For blessed art
Thou unto the ages of ages. Amen.*



Starosta / Warden's Corner

We had a joyful Christmas this year, with the church decorated so beautifully with the help of many volunteers. The flowers were lovely as always. Thank you to all who helped.

Theophany was celebrated with a break in the rains, and it ended up being quite sunny, albeit a bit chilly, for the Great Blessing of the Water outside.

The cemetery board has been working on finding options for what we can do with the 22 acres, now that

building the cemetery is not feasible. We have WRA, our environmental consultants, working on finding companies that might have an interest in utilizing the property for mitigation credits for commercial projects they are involved with. We had one meeting already with a company that manages properties such as ours, and they have shown an interest and currently are working up numbers to present to us.



Ashley Collins, decorating the church for Nativity.

We have contracted with WRA to begin a California Tiger Salamander larval study that will monitor the wetlands for the next few months, as this is a requirement for us to proceed with any mitigation plans.

On a sadder note, Sinaida Evaschuk passed away on January 28, just two months shy of 100 years of age. Zina died peacefully, surrounded by her loving family. Zina wore so many hats in our parish—as treasurer, bookkeeper, doing candle counter duties, being an active Sisterhood member, cleaning the church, and much more. She was my mentor, and when I began regularly cleaning the church with her, she shared her wealth of knowledge of church operations with me. I am forever grateful for her friendship. Memory Eternal, dearest Zina.



The heavy rains, helped by thirty or so messy pigeons, caused some problems for us, as clogged drains on the hall roof caused water to overflow into the kitchen. The water dripped down on the range, shorting out the electrical connections and forcing us to replace it owing to its age and the unavailability of replacement parts. The kitchen walls and ceiling had to be dried as well. We had chicken wire installed across the entire open area on the roof where our air conditioning units are located. This should prevent the pigeons from nesting there.

—Paul Johnson
707-696-5566
starosta@sonic.net

Sisterhood Updates

The Blini luncheon held on Meatfare Sunday, February 19, went very well. Thanks go out to all the women who helped with the cooking, serving, and taking payments. Unfortunately, our Zoya Litvinenko was unable to head up the preparations due to an injury, but the other ladies quickly picked up the slack and did a great job. We are grateful to them, and we pray for a speedy recovery for our dear Zoya.



Anna Ferguson presents the Sisterhood report at the Annual Parish Meeting on March 12.

The Sisterhood decided that the money made from our lunches during Great Lent will be donated to the monks of the Kiev-Caves Lavra, through the Fund for Assistance of ROCOR (FAROCOR). The brethren have been deprived of any financial income by the government of Ukraine and are, effectively, starving and being driven out. As a result, our church is mobilizing support for them throughout its dioceses. We plan to collect a significant sum, both through lunches and special collections, to help during this time of siege. We call upon all of our parishioners and friends to join us in this critically important effort. As the Gospel reading from last Sunday goes, “When I was hungry, you gave me food,” the Lord will say at the Last Judgment (Matt. 25: 35). It is hard to imagine a better way to fulfill the Lord’s commandment!

As you know, Great and Holy Lent, followed by Holy Pascha, is an extraordinary blessing. After our first holy weeks of Great Lent, we are blessed to have this time to prepare for the greatest gift, the promise of eternal life. We prepare spiritually. We also prepare celebratory dishes and desserts, color eggs, and participate in other Easter traditions.

Nadia Stewart, one of our Sisterhood Committee members and a wealth of knowledge about what happens during this time, has posted sign-up sheets in the kitchen for purchasing tvorog, vanilla beans, kulich, and pascha. Tvorog is \$20 for a five-pound container. Vanilla beans are \$4 per stick. Kulich is \$35 for 2 lbs. and \$20 for 1 lb. Pascha is \$35 for 2 lbs. and \$20 for 1 lb. If you are interested in helping make

kulich and pascha, please inform Aliona Russie at 415-328-1095.

Pussy willows have been donated to make verbiy (pussy willows and flower bouquets made for Palm Sunday). We lost our pussy willow tree to a storm. Thank you, Gloria Collins, for considering helping with the verbiy and Anna Koval for helping dye the eggs red for Pascha.

We always celebrate with a potluck after the Liturgy for Pascha. Sign-up sheets should be in the hall on the bar counter, and one at the candle stand. It is helpful to know what people are bringing and for people to see what is needed.



Anna Judd, Anna Koval, and Vera Williams prepare baskets for Nativity visits.

Elena Piskuleva could use some help with the flowers for the church. There are several upcoming feast days: The Annunciation and Palm Sunday, the Plachanitsa on Good Friday, and Pascha. This is a wonderful way to learn how to use flowers to beautify the church. Please call her at 415-827-7058.

Anna Judd can use your help to fill the baskets she and her group prepare for the homebound. Help is always welcome to set up the hall to bless the baskets on Pascha eve. We could use help decorating the church and icons after the Liturgy on Lazarus Saturday, April 8, and after the Liturgy on Great and Holy Saturday, April 15. Many hands make light work!



Choir Notes

Youth Choir

We have resumed our choir rehearsals after the winter holidays. They are coming along very well and attended with great enthusiasm. It’s truly amazing that

this group has made such tremendous progress. Glory to God for all things, as we are truly blessed to be able to work with this group!

Please contact me, Vera Peterson, if you would like to join or help out: 661-305-6234 or msvnp28@gmail.com.



Vera Peterson coaches Anastasia Gores on choral singing..



Orthodox Community Events

- **Angels Unawares Homeless Outreach, first Thursdays, 6:00 p.m.** Welcome those without shelter in our community to a supper and stayover at the parish hall. Cooks and servers needed. RSVP Michael Dovey: 707-799-4117 or mdubyuhdovey@gmail.com. St. Seraphim Orthodox Cathedral, 90 Mountain View Ave., Santa Rosa.
- **Saturdays, 4:30 p.m., Molieben to St. John of San Francisco. Holy Virgin Cathedral, 26th Ave. and Geary Blvd., San Francisco.** Submit names online by Friday at 3:00 p.m.: visit www.sfsobor.com, St. John Prayer Requests.
- **Father James Jorgenson** of St. Seraphim of Sarov Orthodox Church is teaching a series of **Thursday evening Bible studies** at 7:00 p.m. on Zoom. **March 23**, Book of Jeremiah. E-mail Brian Rademacher at brianrademacher@gmail.com to be added to the list.
- **Spiritual Talks on the Divine Liturgy by Father Alexander, Sundays at 12:30 p.m.** on March 26, April 2, and April 9, following Divine Liturgy. Sts. Peter & Paul Church, 850 St. Olga Ct., Santa Rosa.
- **Holy Virgin Cathedral Lenten Piroshki Bake Sale, Sunday, March 19.** Mushroom, cabbage, potato, and carrot piroshki available for pickup, March 19 and April 9. Two-pound kulichi available for \$35. Coffee and tea inside for dining. E-mail hvcsisterhood@gmail.com to order. 2610 Geary Blvd., San Francisco.

- **Annual Lenten Retreat, Holy Virgin Cathedral, 6210 Geary Blvd., Sunday April 2,** starting with Hours and Divine Liturgy in English at 7:30 a.m. Speakers are **Archpriest Stephan Meholick**: “Light and Life: As We Worship, So We Believe, So We Live,” (10:30 a.m.) and **Deacon Edward Anderson, PhD**, “Art and Culture: Planting Seeds, Shining Light” (1:30 p.m.). Cost: \$30/\$35. Half-day registration



Anna Koval adorns the icons with evergreen fronds.

available. Retreat organizers are seeking volunteers to help with setup, cleanup, and meal preparation. Please e-mail the organizers if you are available to volunteer. To register, go to <https://wadiocese.org/lentenretreatsf>. Please direct inquiries to retreat organizer, Irene Hanlon-Young at lentenretreatsf@gmail.com.

- **Yale Russian Chorus concert: Sunday, March 19, 1:00 p.m., Holy Trinity Orthodox Cathedral.** Suggested donation: \$20. All proceeds donated to earthquake relief. 1520 Green St., **San Francisco.**



- **Holy Assumption Monastery Retreat** on Zoom, Sat., **May date TBD, 10:00 a.m.–12:00 p.m.** **Father Spyridon Jajeh** will speak on a topic to be announced.

Visit <https://holyassumptionmonastery.com> for updates. Please call 707-942-6244 or e-mail sisters@holyassumptionmonastery.com for info.

- **Divine Liturgy** is being served one **Saturday** each month, followed by a potluck lunch. **Our Lady of Kazan, Russian River**. Hours at 8:40 a.m.; Liturgy at 9:00 a.m. 17370 Neeley Rd., Guerneville, 95446. For info and updates, e-mail: kazanchurchrussianriver@gmail.com.
- **Stream the 2021 documentary film, *Man of God***, a biography of **St. Nectarios of Pentapolis**, for free at <https://tubitv.com/movies/695205/man-of-god>. Exiled unjustly in Greece, convicted without a trial, and slandered without a cause, the saint's love for humanity and his faith conquered numerous adversities.
- **West Coast premiere of the film *Where Are You, Adam?*** This film immerses the viewer in the life of one of the sacred monasteries of Holy Mount Athos. The secluded and closed monastic life, with the grace-filled Elder Gregory and everyday saints in a 21st-century thriving monastic community, is shown in a fascinating account of an unparalleled Christian way of life. In Greek with English subtitles; **San Francisco** showing at Landmarks' Opera Plaza Cinema (601 Van Ness Ave.), **Sunday, March 19**, at 7:00 pm. Link for tickets: <https://www.eventbrite.com/e/movie-where-are-you-adam-san-francisco-ca-tickets-542025371477>.



- **Slavyanka Chorus** presents the American premiere of a 100-year-old masterwork, **Konstantin Shvedoff's Divine Liturgy**, an innovative work of Russian Orthodox spirituality, **May 19–21**. Performances on Fri., May 19, 8:00 p.m., St. Mark's Church, 2300 Bancroft Way, Berkeley; Sat., May 20, 3:00 p.m., First Lutheran Church, 600 Homer St., Palo Alto; and Sun., May 21, 4:00 p.m. Star of the Sea Church, 4420 Geary Blvd., San Francisco. For tickets, visit <http://www.slavyankachorus.org>.
- **Catechism Classes, Saturdays**, March 18 (On Marriage), March 25 (On Holy Unction), April 1 (On Death and Funeral), 3:30 p.m. Presented by Father Lawrence Margitich, **St. Seraphim Orthodox**

From Fr Andrew Smith, director of St. Eugene's Summer Camp:

I am pleased to announce that registration for **St. Eugene Summer Camp (June 25–July 1, 2023)** is open for campers ages 7–17:

<https://www.steugencamp.org/register> and volunteers: <https://www.steugencamp.org/volunteer>.

The camp will be back at the Armenian Camp in Dunlap. Our Christian education theme this year will be “Come, Let Us Worship.” We hope to highlight the relevance and participatory nature of our Divine Services to our youth to better equip them to enter into the liturgical life. I hope to see you there—camp provides a unique opportunity for our youth to meet other priests in our deaneries, both to appreciate the various talents that priests other than their rector may bring to the table, as well as to appreciate their own rector's individual charisms. I know it made a big impression on me back when I was a camper. So please consider coming this year, even if just for a day or two. Remind your parishes that registration is open. And please be on the lookout for any adults, young or not-so-young, who may have the talents to help as volunteers.

In Christ, Priest Andrew Smith
707-327-6177

Cathedral, 90 Mountain View Ave., Santa Rosa. LMargitich@sbcglobal.net.

- **Senior Luncheon (55 and over), Tuesday, March 21**, 11:30 a.m. Piano music by Henry DeMichele. **St. Seraphim Orthodox Cathedral**, 90 Mountain View Ave., Santa Rosa. Suggested donation \$5.
- **Lenten Retreat, Holy Trinity Orthodox OCA Cathedral**, led by Rev. Deacon Vitaly Permiakov, PhD, Professor of Liturgical Theology at St. Vladimir's Seminary. “**Standing in the Temple of Thy Glory: Liturgical Theology in the Hymns of Lent and Holy Week.**” **Saturday, March 18**, 10:00 a.m.–4:00 pm. Suggested donation \$25. 1520 Green St., **San Francisco**. Contact Fr. Kirill Sokolov at 415-673-8565 or frkirill@holy-trinity.org for more info. <https://holy-trinity.org/community/2023-lenten-retreat>.
- **Diaper bank distribution, Wednesday, March 29**, 4:00–6:00 p.m. We will be distributing diapers, wipes, and formula to families who sign up via the Postpartum Support Center website. Contact Catie DeCarlo for

The Next Parish Council Meeting will be held on Tuesday, April 4, 2023, at 6:00 p.m. in the Admin Building.

more information: cgolitzin2015@gmail.com,
St. Seraphim Orthodox Cathedral, 90 Mountain View
Ave., Santa Rosa.

- **Paschal Vespers and Potluck Barbecue** and children's activities, 1:00 p.m. **April 16, St. Seraphim Orthodox Church**, 90 Mountain View Ave., Santa Rosa.
- **Holy Nativity Greek Orthodox Church Agape Service and Pascha Picnic**, Sunday, **April 16**, 10:30 a.m. Reserve tables for \$25. Music, dancing, Easter egg hunt, barbecue. 1110 Highland Dr., Novato. Nativityofchrist.org, 415-883-1998.



☪ Our Council Members ☪

Rev. Alexander Krassovsky	707-585-8330
Fr. Deacon Athanasius Ferguson.....	707-812-4125
Paul Johnson, Warden	707-696-5566
Elisabeth Russie, Treasurer	415-328-1095
Anna Ferguson, Secretary	707-812-4124
Daniel Alva.....	707-570-7787
Demitrios Handelih	707-292-2842
Michael A. Mogilev.....	707-953-3636
Lisa Joanna Smith.....	617-285-5211
Alla Zaharoff	707-837-5044



Newly illumined Joseph Sciambria, along with Father Alexander and godfather Daniel Alva.



Tatiana McWethy installs the iconography at Saints Constantine and Helena Greek Orthodox Church in Vallejo.

At the beginning of Great Lent, the head of the Ukrainian Orthodox Church, His Beatitude Metropolitan Onuphry of Kiev & All Ukraine, called upon and blessed the faithful to fulfill a special rule of prayer for peace. The rule is as follows: Throughout the fast read the 45th and 90th Psalms, do 12 full prostrations, and read the Lord's Prayer daily, for peace in the Ukrainian Land. With the blessing of Archbishop Kyrill, the text of this "Rule for Peace" has been posted on the Western American Diocese website at www.wadiocese.com.